



March includes National Drug and Alcohol Facts Week

What you need to know

March is National Drug and Alcohol Facts Week—a time to talk openly about substance misuse and recovery.

Substance Misuse Affects Everyone

Substance misuse touches people of every age, background and income level. A health challenge that deserves compassion and professional support.

The Facts

About 57% of teens ages 12 – 17 don't see the risks in binge drinking. Substance misuse is connected to roughly 50% of suicides, over half of violent crimes and traffic accidents and 80% of domestic violence incidents.

Recovery Is Possible

If you or someone you love is struggling, there's real hope. Professional help and treatment work. Reach out to a healthcare provider, call a helpline or talk to someone you trust. Recovery is possible.



Scan the QR code to visit Member.MagellanHealthcare.com and select your employer to access your benefits. Or call your Employee Assistance Program at